

# Nalanda Bulletin

Published by **Nalanda Buddhist Society**

TM

Issue No. 65 | May 2024 | [www.nalanda.org.my](http://www.nalanda.org.my)

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## *“Education of the Heart”* Heartfelt gratitude to all Teachers

From 28 to 31 March, 100 Dhamma School teachers and volunteers from communities across Malaysia, Singapore and Thailand immersed themselves in joyful learning at the *2nd National Camp for Dhamma School Teachers*. We rejoice in the dedication and compassion the teachers embody to provide Dhamma education that moulds the values and characters of the younger generation.

*See pages 32 to 35 for report and photographs of the camp.*





# Contents

Issue No. 65 | May 2024

Nalanda Bulletin is also available for on-line reading at [www.nalanda.org.my](http://www.nalanda.org.my)

*From 10 to 13 April, Nalanda members and core volunteers gathered at the 10th National Convention to learn and deepen our resolve in 'Moving towards a Buddhist Missionary'.*

- |           |   |           |   |
|-----------|---|-----------|---|
| <b>1</b>  | Heartfelt gratitude to all Dhamma School teachers             | <b>22</b> | Mandarin Sutta Study at Nalanda Branches                  |
| <b>2</b>  | Joyful gathering at 10th National Nalanda Members' Convention | <b>24</b> | 1st Youth Members' Day of 2024                            |
| <b>4</b>  | Hosting Ven. Ajahn Dhammasiha at Wisdom Park                  | <b>25</b> | Observing Nalanda Patron's Day                            |
| <b>5</b>  | Parenting workshop & Youth Sports Day                         | <b>26</b> | Happy Young Adults at Nalanda Book Café Community Centre  |
| <b>6</b>  | Hosting Tan Chao Khun Samai & Ajahn Suthorn                   | <b>28</b> | A.G.M. Season for Nalanda Headquarters & Branches         |
| <b>8</b>  | Dhamma School Tea-offering Ceremony                           | <b>32</b> | 2nd National Camp for Dhamma School Teachers              |
| <b>10</b> | Orientation and Stay-in programme for Dhamma School students  | <b>36</b> | 10th National Nalanda Members' Convention                 |
| <b>12</b> | 10-day Meditation Retreat with Ven. Gavesi                    | <b>40</b> | Giving back to the community on Earth Day                 |
| <b>14</b> | Parents Induction Programme                                   | <b>42</b> | Prestigious week of teachings                             |
| <b>16</b> | Free School 2024 academic year commences                      | <b>44</b> | Hosting external organisations at Wisdom Park             |
| <b>18</b> | <i>Pindacāra</i> resumes in Seri Kembangan                    | <b>46</b> | BPS 307 Certificate in Buddhist Studies & Family Fun Fair |
| <b>19</b> | Hosting Ven. Ajahn Visālo                                     | <b>47</b> | Upcoming Programmes                                       |
| <b>20</b> | Family Dhamma School launched in Johor Bahru                  | <b>48</b> | Nalanda Contacts  |



## Hosting Venerable Ajahn Dhammasiḥa

On his maiden visit to Wisdom Park, Ven. Ajahn Dhammasiḥa, Abbot of Dhammagiri Forest Hermitage in Brisbane, toured the campus and rejoiced in the availability of this facility dedicated to Buddha-Sāsana.

20 January, KKB

Ajahn reminded the leaders to hone mindfulness of thought, speech and action in the planning and construction in order to yield beneficial results for all involved in this process. We thank Ajahn for visiting and for the timely advice.

## Parents and children spend the day meaningfully at Nalanda

21 January, Sri Serdang

Nalanda Dhamma School hosted a wholesome day for parents and teenagers with a Parenting Workshop by Bro. Aggaphala Yap and Sports Day with Nalanda Youth Centre.

Both groups learned life skills such as effective communication, empathy and patience. Parents gained confidence in strengthening positive parent-child relationships, whilst students put these skills into practice by working in teams. We rejoice in their strong learning spirit!

*Photographs on the bottom left and below.*



*Honest sharings of the ups and downs of communicating in the family.*



*Parents exchanged experiences and common concerns.*



*Tug-of-war to test their strength and have fun.*



*Displaying good sportsmanship with a competitive streak.*

# Hosting Tan Chao Khun Samai & Ajahn Suthorn

24 February, Sri Petaling

On Magha full-moon day, we were honoured to host Tan Chao Khun Samai Sukhasamiddho, Abbot of Wat Pa Buddharangsee in Leumeah, New South Wales and Ajahn Suthorn. Ven. Tan Chao Khun Samai led the morning Pindacāra at the local markets of Sri Petaling and Taman OUG before adjourning to Nalanda Book Café for the meal offering and Dhamma chat with the congregation.

On the auspicious full-moon day, Venerable expounded on the *Ovada-Patimokkha*, the seminal teaching of the Buddha preached on this same full-moon to avoid the unwholesome, cultivate the wholesome and to purify the mind.

We are very grateful to Ven. Tan Chao Khun Samai and Ajahn Suthorn for affording the Buddhist community here to perform wholesome deeds and reflect on Dhamma. We extend our gratitude to both venerable monks and wish them the best of health, and much success in their noble endeavours.



*Community at the Taman OUG morning market joyfully queued for the opportunity to make offerings.*



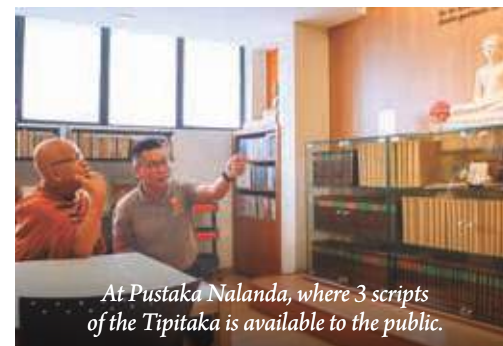
*Respectfully offering lunch dāna to venerable monks.*



*Bro. Charlie Teng and Bro. Yong Keok Fatt offering requisites on behalf of devotees.*



*Venerable monks were warmly welcomed by Nalanda members and devotees on their spontaneous visit to Nalanda Centre.*



*At Pustaka Nalanda, where 3 scripts of the Tipitaka is available to the public.*



*Tan Chao Khun Samai looking through a volume of the Tipitaka, a royal gift from Thailand.*

25 February, Serdang & K.L.

Nalanda Dhamma School marked the start of the school year with tea-offering ceremonies at both Nalanda Centre and NEO Centre Happy Garden. The day started with parents, devotees and students deepening their understanding on the duties of parents and of children as taught by the Buddha.

At this heartfelt ceremony, children showed their appreciation to parents by offering tea and paying their respects. They also presented hand-made gifts with personal messages to their parents. This endearing tradition long-held by the Chinese community is a great source of joy and unity, as the values of respect and gratitude forms the bedrock of a harmonious society.



## Gratitude & Joy at Tea-offering Ceremonies



Parents deepened their understanding of their duties with Bro. Tan Siang Chye.



Sis. See Hui Shien guided the students on the importance of gratitude for those closest to us.



Endearing moments as children served their parents tea sincerely and with love.



Students paid respects to their parents and thanked them for all their care.



The School's facilitators and youths shared a song in this festive event.



Students presented their parents with hand-made tokens of their thanks and affection.



Family time is precious especially when it is grounded in sincerity and love.



Dhamma School facilitators are also a family built upon gratitude for each others' support and service.

# Dhamma School Orientation at Stay-in programme



*Building stronger bonds of spiritual fellowship.*



*Every day is anchored with morning and evening chanting and meditation.*

29 February – 3 March

70 students and facilitators from Nalanda Dhamma School spent the school holidays at Nalanda Centre to learn Dhamma and strengthen their bonds of spiritual friendship. With the theme “Welcome to Dhamma with Spiritual Friends”, facilitators introduced basic Buddhist values and practices through Dhamma learning sessions, meditation, chanting, fun activities and service.

With a refreshing start to the new school year, may the students continue to learn the wise teachings of the Buddha with high spirits, and support each other as they walk the Dhamma path together. *Sadhu anumodāna!*



*Sis. See Hui Shien, Director of the School, set the tone for the programme.*



*Students learned to serve their seniors and peers with care and respect.*



*Outdoor group activities fostered teamwork and fellowship.*



*A tour of Nalanda Centre led by students themselves.*



*Working together with patience and perseverance.*



*Developing a sense of belonging, students took up responsibilities to care for their spiritual home.*



# Insightful Meditation Retreat with Ven. Gavesi



*Ven. Gavesi closely guided us with daily teachings.*



*Noting sensations as they arise to sharpen our mindfulness throughout the day.*



*With much gratitude to Ven. Gavesi, yogis persevered through hourly sitting and walking sessions.*



*Thank you Bhante!*

1 – 10 March, KKB

Over 35 yogis and volunteers completed a 10-day meditation retreat led by Ven. Gavesi, persevering in the alternating hourly sitting and walking sessions. With his advice and encouragement, yogis observed the *Vipassana* objects to gradually build up and strengthen their mindfulness.

We extend our appreciation to Ven. Gavesi for conducting this retreat and also thank all the volunteers for their selfless service. We rejoice in the yogis' efforts and endurance, and we hope that your development in the Dhamma continue to deepen unabated.



# Discovering Dhamma at Parents Induction Programme



*Ice-breaking activities.*



*Bro. Aggaphala Yap led a learning session on mindful communication with children.*

**10 March – 12 May**

From 10 March to 12 May, over 40 parents of Nalanda Dhamma School students participated in the Parents Induction Programme, conducted by the School's Chief Facilitator Sis. Lau Wei Nee and Junior Dhamma School Coordinator Sis. Poh Chin Hui.



*Parents shared their reflections.*



*Group activities to form spiritual fellowship.*



*Sis. Chin Hui and Sis. Wei Nee oversee the learning sessions every week.*

This tailor-made platform consisting of 8 sessions enabled parents to progress in their own Dhamma learning and also adopt ways to support their families' development.

We rejoice in the efforts of the parents to learn together with their children and wish them much joy as they embark on their spiritual journey here at Nalanda.



*Opening of hearts with joy and laughter.*





Nalanda Free School was initiated in June 2010 by a group of dedicated volunteers to provide free tuition to academically-weak and needy students. Over the years, students who have benefitted continue to show their gratitude to their teachers and also serve as volunteers.

# Nalanda Free School 2024 intake well-subscribed

## March, Sri Serdang

Nalanda Free School teachers and volunteers welcomed a new intake of over 150 students for the 2024 academic year at Sri Serdang. The School offers free tuition to needy students, and has a low student-to-teacher ratio to extend more personalised help to students.

Teachers get to know the students better to understand their learning styles and needs. With patience and kindness, we hope to develop the students' love of learning and willingness to enhance themselves towards overall well-being.

We wish the teachers and students a fruitful year of learning ahead.



*Every session starts with a short sitting to calm the mind.*



*Teachers put in effort to teach with the hope that the students do well in school.*



*With less students per class, teachers can focus on their individual needs.*



*Free School Principal, Dr. Ng Chwee Fang led the children in a reflection before classes start.*



*Free School teachers met on 16 March to plan for the academic year.*



## *Pindacāra* resumes in Seri Kembangan

16 March, Seri Kembangan

The *Pindacāra* (monks on alms-round) programme at the morning markets in Seri Kembangan has resumed on every 3rd Saturday of the month.

Many vendors and market-goers were delighted to again see the sight of monks walking barefoot and receiving

alms at the Bazar Rakyat and took the opportunity to make offerings themselves.

We thank all members and volunteers for their support and efforts to bring this programme back to Seri Kembangan. *Sadhu anumodāna!*



Market-goers eagerly lined up to make offerings to the bhikkhus.



The People Engagement Team went all out to promote the programme to the public.



## Ven. Ajahn Visālo reaches out to Nalanda communities

21 – 26 March | Serdang, KL, KKB

Nalanda Centre hosted Ven. Ajahn Visālo, an Indonesian *bhikkhu* who ordained under Luang Por Liem, Abbot of Wat Pah Pong. Devotees and members were grateful for the opportunity to associate with a well-practised teacher to learn the Dhamma and make offerings.

We extend our appreciation to Ajahn Visālo for affording these opportunities to learn and reflect on Dhamma with his wisdom, and hope that Ajahn will come to visit us again when in Malaysia. We wish Ajahn good health and fulfilment in his spiritual endeavours.



Ajahn Visālo delivered a Dhamma talk at the Sunday Morning Service.



Guiding devotees in meditation at the weekly session in Nalanda Kuala Lumpur Branch.

16 March, Johor Bahru

Over 30 parents and children embarked on a new Dhamma learning journey together at Family Dhamma School in Nalanda Johor Bahru Branch. This weekly programme was newly launched to serve as a nurturing platform for families to foster spiritual growth and achieve domestic bliss.

Students will learn both as a family and with their peers, as Dhamma School facilitators apply a blended approach and tailor-make engaging programmes. Parents are also able to support their children's learning because they will explore similar topics every session.

We rejoice in their learning spirit as they progress on the spiritual path as a family unit. May their journey be enriching and transformative.

# Family Dhamma School launched in Johor Bahru



*We extend our thanks to JB Branch members for enabling this platform for families to learn.*



*Every session commences with offerings to the Three Jewels and chanting.*



*Ice-breaking activities to start connecting as a Dhamma community.*



*Students also honed their communication and presentation skills.*



*Experienced facilitator Sis. Lau Wei Nee welcomed students to Dhamma learning.*



*Having fun activities help families bond and learn together.*



*Parents and children learn to reflect and discuss as a family.*



*Happy is learning when our parents and siblings join us on the journey.*



# Nalanda Branches host Mandarin Sutta Study

16 March – 27 April, KL, JB, SP

More than 100 participants, facilitators and volunteers commenced the first session of the *Sigālovāda Sutta* (Digha Nikaya 31) Study Course in Mandarin on 16 March. Organised by Nalanda Institute Malaysia, this course was held concurrently across all three Nalanda Branches in Kuala Lumpur, Johor Bahru and Sungai Petani, and provided an insight into the Buddha's teachings about the laity's duties and moral conduct.

Let us aspire to embed this detailed and compassionate teaching by the Buddha so that we develop ourselves towards achieving balanced well-being and harmony with others.



*Sis. Sandy Lim welcoming participants to the new course.*



*Participants in Sungai Petani tune in 'live' to the same course.*



*Participants in Johor Bahru reflected enthusiastically in groups.*



*Bro. Tong Siong Yeow conducting one of the learning sessions.*



*Group discussions on what has been learnt and how to apply it to daily living.*



*Learning and practising together as a community brings a different level of spirit and inspiration.*

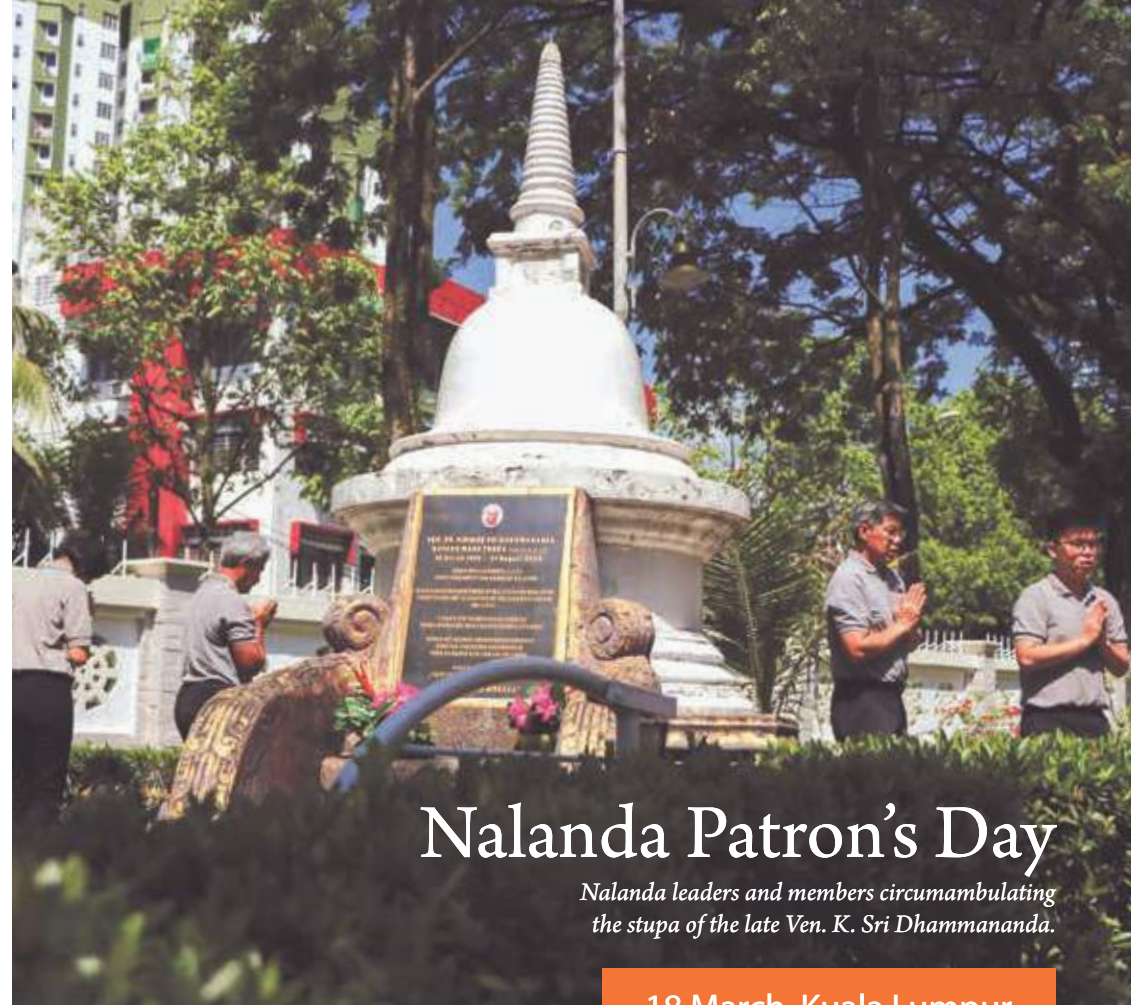


# Youth Members' Day

17 March, Sri Serdang

Nalanda Youth members gathered at Nalanda Youth Centre in Sri Serdang for the first Youth Members' Day of 2024. We formally welcomed new Youth members and reflected on our learning journey over the past year as well as align our direction for the year ahead. Youth Mentor, Sis. Nandinī Tan reiterated the importance of undertaking both learning and service for personal development and growth. She also urged us to have *virīya* ("energy" or "effort") so that we can progress well.

We commend the Youth Centre members' eagerness to learn and their selfless acts of service to the community. Let us continue to strive diligently to bring Nalanda Youth Centre to greater heights!



# Nalanda Patron's Day

*Nalanda leaders and members circumambulating the stupa of the late Ven. K. Sri Dhammananda.*

18 March, Kuala Lumpur



*Offering of lunch dāna with much gratitude for the Mahā Sangha.*



*Sharing of merits to the dearly departed and to all beings.*



*Sis. Nandinī Tan led members to pay respects to Ven. Datuk K. Sri Dhammaratana, abbot of the vihāra.*

Nalanda leaders and members visited Brickfields Mahā Vihāra to observe Nalanda Patron's Day, in conjunction with the birth anniversary of our late spiritual advisor Ven. K. Sri Dhammananda.

With heartfelt gratitude, we express our appreciation to all our benefactors past and present, for your advice, care and contributions in every way, and for your unrelenting support in our education mission. *Sadhu anumodāna!*



# ‘Happy Young Adults’ learn together

19 March – 23 May, Sri Petaling



*Youths getting to know more about each other in the ice-breaking session.*



*Bro. Tan Siang Chye leading the group to reflect on well-being at work and in life.*



*Bro. Lee Kong Foo, a Nalanda leader and a senior corporate figure shared his personal experiences.*



*Participants were grateful to be able to share and learn in a safe space.*



*Taking time to consider how they would like to shape their future to be.*



*Learning from each other by sharing their challenges and reflections.*

Over 30 young working adults have been gathering on Tuesdays at Nalanda Book Café Community Centre to address common challenges which they face in this stage of life, and how they can resolve them in accordance with Dhamma.

With the support of seasoned corporate figures and professionals who are also Dhamma practitioners, the youths learn about achieving success with purpose and satisfaction. This peer-support platform also enabled them share and learn from one another.

With a better understanding of how we navigate through challenges with Dhamma, may you find more fulfilment and growth in your careers.



# A.G.M. Season for Nalanda Headquarters & Branches

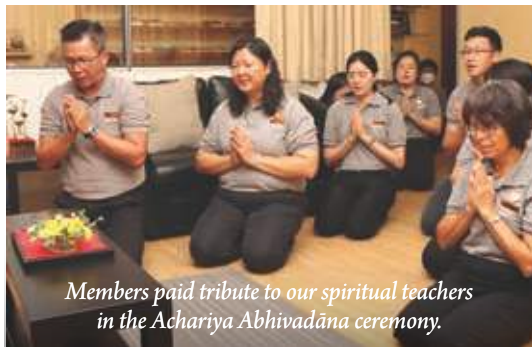
*Completing a milestone 20th Anniversary year-long celebration, members and volunteers continue to be steadfast in serving the community and advancing holistic education.*

## 24 March, Sri Serdang

Over 70 Nalanda members came together for the Society's 21st Annual General Meeting. President of the Society, Sis. Buddhini Tan expressed appreciation for everyone's support and continued commitment, a testament to our 20th Anniversary theme of "Making Lives More Meaningful".

It is crucial for everyone to play our roles to support the Society's programmes and enhance our own practice so that collectively, we enable others to learn Dhamma as we move towards a Buddhist missionary. Together, let us be relentless in our Dhamma propagation mission for the benefit of all beings.

*Continued on Page 30.*



*Members paid tribute to our spiritual teachers in the Achariya Abhivadana ceremony.*



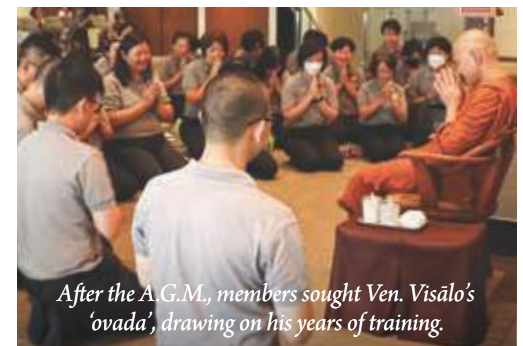
*Honorary Secretary, Sis. Livin Leow presented the Board of Management's 2023 Annual Report.*



*"The collective efforts of many people have enabled the Society to reach out to the Buddhist community."*



*Rejoicing in the collaboration and unity of so many people to avail Dhamma programmes.*



*After the A.G.M., members sought Ven. Visālo's 'ovada', drawing on his years of training.*



Nalanda Branches in Kuala Lumpur, Johor Bahru and Sungai Petani also successfully concluded their respective 11th Annual General Meetings, and elected the Branch Management Committees for a 2-year term from 2024 to 2026.

Our deepest appreciation to the outgoing Management Committee members as well as all Branch members for their contribution and commitment to the Society's mission. We wish the new Committees perseverance and success in serving the community!



3 March, Johor Bahru

*Chairperson :* Sis. Ong Ai Geok

*Dep. Chairperson :* Sis. Saw Geik Cheok

*Branch Secretary :* Sis. Cheong Boy Liew

*Asst. Secretary :* Sis. Tan Mui Cheng

*Branch Treasurer :* Sis. Ng Swee Foon, Vivienne

*Asst. Treasurer :* Sis. Yap Chong Yin, Alice

*Committee Members :*

1. Sis. Yap Chong Tai, Karen
2. Sis. Ng Swee Meng, Angie
3. Sis. Ng Choy Hoong, Rainbow
4. Sis. Yap Chong Yoon, Lisa
5. Sis. Yap Chong Man, Ann



1 March, Sg. Petani

*Chairperson :* Dr. Song Wai Leng

*Dep. Chairperson :* Bro. Khaw Seng Giap

*Branch Secretary :* Sis. Lee An May, Sumedha

*Asst. Secretary :* Sis. Tan Hooi Leng

*Branch Treasurer :* Bro. Lau Yun Lee

*Asst. Treasurer :* Sis. Ong Yen See

*Committee Members :*

1. Sis. Heng Sok Hoon
2. Dr. Lee Wai Heng
3. Bro. Fong Chee Meng
4. Sis. Chen Chee Yuan, Vinnie
5. Sis. Song Chu Jun



9 March, Kuala Lumpur

*Chairperson :* Bro. Yong Keok Fatt

*Dep. Chairperson :* Bro. Ng Eek Chon

*Branch Secretary :* Sis. Tan Choi Hong, Ovia

*Asst. Secretary :* Sis. Lee Yoke Teng

*Branch Treasurer :* Sis. Tan Hui Mei, May

*Asst. Treasurer :* Sis. Thong Fee Shen

*Committee Members :*

1. Bro. Moo Chee Yong
2. Sis. Wong Phooi Fun, Esther
3. Sis. Lim Poh Fong, Camie
4. Sis. Ng Chee Hui, Grace
5. Sis. Lim Poh Chin



# 2nd National Camp for Dhamma School Teachers

*“The Heart of Education is the Education of the Heart”*



28 – 31 March, KKB

The 2nd National Camp for Dhamma School Teachers was held at Wisdom Park. Co-organised by Nalanda Buddhist Society and Theravāda Buddhist Council of Malaysia (TBCM), the camp gathered like-minded teachers to explore *“Education of the Heart”*, a holistic approach to spiritual and personal development that encompasses not just intellectual understanding, but also cultivation of virtues leading to the transformation of the heart.

With the guidance of experienced Dhamma School teachers, participants delved into qualities, competencies and approaches that create a conducive learning environment to induce the realisation of Dhamma in students. Finding commonalities in their motivations and challenges, the teachers formed bonds of friendship with the aim of supporting each other as a larger Dhamma community. *Sadhu anumodāna* to all our teachers!



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7.



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1. Ven. Saranankara Mahā Thero shared how teachers can better connect with students.

2. Bro. Lee Kok Cheng, Deputy President of TBCM rejoiced over this wonderful gathering.

3. Bro. Tan Siang Chye talked on the importance of a school's vision and mission.

4. Sharing commonalities and challenges.

5. Planting a tree dedicated to all teachers.

6, 13, 14. Outdoor team activities.

7, 8, 10. Insightful and uplifting forums with teachers & students.

9. Family discussions and reflections.

11. L-R: Electives with Mr. Yang Wei Han, Achariya S. Vijaya and Bro. Lim Ajit.



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14.

# 10<sup>th</sup> National Nalanda Members' Convention

*"Towards a Buddhist Missionary"*



**10 – 13 April, KKB**

Over 90 Nalanda members and core volunteers gathered for the 10th National Nalanda Members' Convention at Wisdom Park. Continuing the theme 'Towards a Buddhist Missionary', the group delved deeper into personal and organisational transformation.

Recognising the realities of today's missionary movement laden with challenges and opportunities, everyone opened up their hearts to embrace the possibilities which lie ahead should each of us play our part. Let us be unrelenting to embody the spirit of a missionary, and realise this noble aspiration for the benefit of many!



*Nalanda President, Sis Buddhini Tan led the first session on organisational transformation.*



*Bro. Tan Siang Chye guided members to reflect on sense of community.*



*Sis. Joanne Tan led a session on how to support each other seamlessly.*



*With honest and sincere sharings, members supported each other in their reflections.*



*Sis. Nandini Tan shared the realities which are pertinent for us to be aware of.*



*Branches shared their successes which helped others to see how possibilities can turn to realities.*



1.



5.



2.

**1.** Installation of newly elected Branch Management Committees for 2024 to 2026.

**2.** Members had insightful learnings during the forum with founding members Sis. Nandini Tan, Sis. Santi Cheang and Sis Buddhini Tan.

**3 & 4.** Spiritual friendships form the foundation of a Dhamma community bound to serve a noble mission.

**5.** Nalanda Youth Centre continues to grow as they develop and cultivate in the Dhamma together.

**6.** A heart-to-heart discussion with trusted spiritual friends to address challenges faced.

**7 & 8.** Sis. Paruadi Ramasamy and Bro. Yeo Disheng led learning sessions on heightened awareness and revealed ways to turn possibilities to realities.

**9.** A fun day out – picnic and games by the beautiful riverbank of Sungai Selangor.

**10 & 11.** Working together joyfully to maintain the grounds and upkeep of Wisdom Park.



6.



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# Giving back to the community on Earth Day



*On Saturday 20 April, Family Dhamma School commemorated Earth Day at Wisdom Park.*



*Working together well to maintain a conducive learning environment.*

## 21 April, Sri Serdang

More than 120 Nalanda members, devotees, youths and Dhamma School students came together to give back to Mother Nature and pay tribute for her boundless gifts.

After the morning service and learning sessions, everyone sprung into action to upkeep the areas around Nalanda Centre by pruning plants, clearing the roads and drains, and planting new shrubs. Within just 2 hours, the neighbourhood was spruced up, making it a cleaner and more pleasant environment for all.

We appreciate everyone for their support and care. Let's continue to care and do our part for the environment.



*Parents and volunteers clearing up overgrown areas to plant suitable shrubs.*



*Students served water with care, to ensure everyone is well-hydrated.*



*Several trees were planted at Wisdom Park to green and cool the educational campus.*



*Youth members led the selfless work to clean the drains and clear the community field.*



*Joining in to green the environment were YB Abbas Azmi (ADUN Sri Serdang), Mr. Tey Han Cherk (Ahli Majlis Zon 20 MBSJ) and Ms. Angie Chen (Majlis Perwakilan Penduduk).*



# Prestigious week of teachings at Nalanda Centre

17, 24, 26 April, Sri Serdang

Group photo with Ven. Ajahn Achalo and Ven. Jayanando.

In the span of just over a week, Nalanda was honoured to host three prestigious monastic members for Dhamma teachings. Ven. Ajahn Kusalo, Ven. Ayya Santini and Ven. Ajahn Achalo respectively shared their wisdom and precious experiences to the delight of the community that thronged Nalanda Centre to meet and learn from them.

We express our gratitude for their guidance and wish them the best of health, long life, happiness and peace. *Sadhu anumodāna!*



Ven. Ajahn Kusalo, 17 April



Ven. Ayya Santini, 24 April



Ven. Ajahn Achalo, 26 April

# Hosting external organisations



18 – 19 February, KKB

Nalanda members welcomed 24 members and volunteers of Gurun Buddhist Association, from Kedah. Led by their President Bro. Tan King Leong & Deputy Bro. Heng Meng Huan, the group consisted of the association's Dhamma School teachers and their children, who were on route to Borobudur, Indonesia for a learning trip. We are glad to host our good friends from the north and rejoice in the joyful sharing and exchange. May your sincere efforts to propagate Dhamma be fruitful.

# at Wisdom Park



27 – 28 April, KKB



*Bonding as a family.*



*Children and parents connecting through activities.*



*Wisdom Park leaders welcome the participants.*

Sri Jayanti Buddhist Institute held their Family Dhamma Camp 2024 at Wisdom Park with the participation of over 60 Dhamma School teachers, students, parents and volunteers.

In this weekend of quality family time, students connected with their parents through experiential and fun activities. We marvel in the high spirits of all the families, and may they develop inner joy and peace on their learning journey.

**BPS 307**

Certificate in  
Buddhist Studies

June – October 2024



Register by scanning the QR code on the left.

家庭欢乐日义卖会

**FAMILY FUN FAIR**

Fund-raising to support the building of Wisdom Park Phase 2, and the operations of Nalanda Dhamma School & Free School.

28 JULY 2024, SUNDAY | 9AM-3PM | SRI SERDANG



此义卖会是为筹募‘智慧园’第二的建筑以及佛学校、义学校的经费。

Upcoming Programmes

May – July 2024

**MAY**



Buddha Day

01	Nalanda Day – Nalanda Buddhist Society’s 21st Anniversary	Nalanda Centre
04	Pindacāra – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre K.L. / Taman O.U.G. & Happy Garden
18	Pindacāra – Alms-round by Sangha members at the morning markets in Seri Kembangan	Nalanda Centre / Seri Kembangan Market
21 – 26	Buddha Day – Wesak Observance B.E. 2568	Nalanda Centre

**JUNE**



Gimhāna Period

01	Pindacāra – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre K.L. / Taman O.U.G. & Happy Garden
01 – 03	Meditation Retreat with Ven. Jutipāṇṇo*	Dhamma Light Meditation Center, Pontian, Johor
08	BPS 307 Certificate in Buddhist Studies commences*	Nalanda Centre
15	Pindacāra – Alms-round by Sangha members at the morning markets in Seri Kembangan	Nalanda Centre / Seri Kembangan Market
22	Horticulture and Landscaping Course*	Wisdom Park

**JULY**



Dhamma Day

01	Nalanda Institute’s 17th Anniversary	Nalanda Centre
06	Pindacāra – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre K.L. / Taman O.U.G. & Happy Garden
08 – 09	Hosting Malaysia Theravāda Sangha Gathering	Wisdom Park
20	Pindacāra – Alms-round by Sangha members at the morning markets in Seri Kembangan	Nalanda Centre / Seri Kembangan Market
20	Dhamma Day – Asalha Full-moon	Nalanda Centre
21	Dhammacakka Day	Nalanda Centre
28	Nalanda Family Fun Fair	Nalanda Centre

\* Registration is required.

‘Gimhāna Period’ commences from 6 June to 21 July. Find out more at [www.gimhana.nalanda.org.my](http://www.gimhana.nalanda.org.my)



# Join us as a Volunteer

Over the last 21 years, Nalandians have worked diligently to bring the Dhamma to more people, promoting harmony and joy in all that we do.

As we expand into new horizons to serve a wider community, we invite you to join us in a dynamic journey ahead! Whether you are studying, working, young or retired, if you believe in doing good and giving back to society,

**Register Now!**



**Nalanda Contacts** Please visit our website for directions to Nalanda.

## Nalanda Buddhist Society Malaysia

Nalanda Centre, 3357, Jalan 18/31, Taman Sri Serdang, 43300 Seri Kembangan, Selangor.

Tel. No. +603-8938 1500 / 1501

Website [www.nalanda.org.my](http://www.nalanda.org.my)

E-mail [info@nalanda.org.my](mailto:info@nalanda.org.my)

Facebook [www.facebook.com/nalanda.org.my](https://www.facebook.com/nalanda.org.my)

Nalanda Centre is open daily from 10am to 5pm. For visits, kindly call to make appointments.

## Nalanda Education & Outreach (NEO) Centre, Kuala Lumpur

524, Jalan Riang 12, Taman Gembira, 58200 Kuala Lumpur.

Tel. No. +603-7972 8843

Facebook [www.facebook.com/NeoCentre.KL](https://www.facebook.com/NeoCentre.KL)

E-mail [neo-kl@nalanda.org.my](mailto:neo-kl@nalanda.org.my)

NEO Centre KL is open on Tuesdays – Fridays, 2 pm – 10 pm | Saturdays & Sundays, 9 am – 2 pm.

## Nalanda Education & Outreach (NEO) Centre, Johor Bahru

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Tel. No. +607-350 3870

Facebook [www.facebook.com/NeoCentre.JB](https://www.facebook.com/NeoCentre.JB)

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