

Nalanda Bulletin

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For Non-Muslims Only

Nalanda Dhamma School celebrates 20 years of Holistic Education

1 January 2025 marks the 20th anniversary of Nalanda Dhamma School. Over the past two decades, the School has continued the noble tradition of providing high quality and holistic education to the younger generation of Buddhists by imparting essential knowledge, skills, and most importantly spiritual and moral values.

We extend our deepest appreciation to everyone past and present who has provided their unrelenting support to performing the “*Miracle of Education*”.



See pages 14 to 15 for report and photographs.

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Nalanda Education Day

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Educators gather on 'Nalanda Education Day'

Every year, 'Nalanda Education Day' is celebrated on 11 December to mark the anniversary of the launching of Nalanda's "Education Philosophy". On this occasion, Nalanda educators from the various educational divisions gathered to review and discuss the effectiveness of Nalanda's approach to its programmes and what principles can be incorporated to meet the spiritual needs of the community.

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6 – 9 December 2024, Sri Serdang



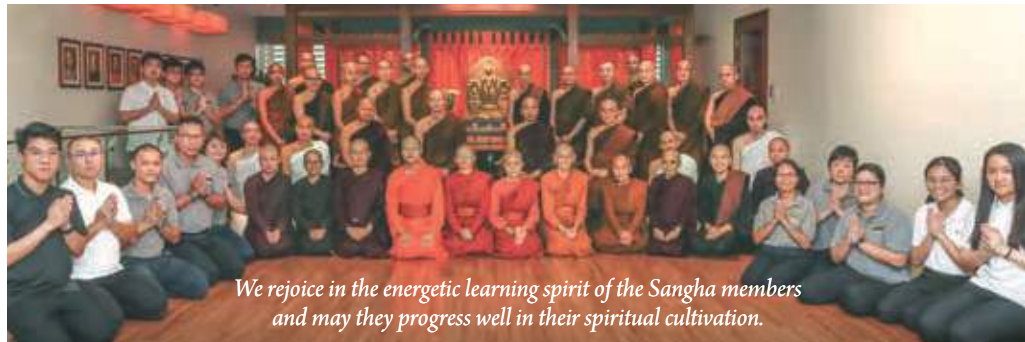
Hosting Monastics for Asubha Workshop

Nalanda was honoured to host 27 monks and 11 nuns from Malaysia, Indonesia and Thailand from 6 – 9 December 2024, who convened in Kuala Lumpur to attend an Asubha Workshop jointly organised by the Academy of Silent Mentor and Sāsanārakkha Buddhist Sanctuary.

This opportunity provided much inspiration for Nalanda members and devotees in our service to the Sangha members.



Our gratitude to Ven. Ariyadhammika for the chance to support the monastics' spiritual journey.



We rejoice in the energetic learning spirit of the Sangha members and may they progress well in their spiritual cultivation.

21 – 28 December 2024, K.K.B.



Meditation Retreat led by Ven. Ajahn Brahmavamso

Nalanda hosted Buddhist Gem Fellowship (BGF) for a meditation retreat conducted by Ven. Ajahn Brahmavamso. On his maiden visit to Wisdom Park, he expressed joy at the growth of Nalanda's educational mission and community.

We rejoice in the efforts of BGF in organising this wonderful retreat with a skilled teacher, and to the yogis who applied earnest effort throughout the retreat. *Sādhu!*



Sis. Nandinī Tan introducing volunteers who will be supporting the retreat.



Joyful learning and service to complete the year for all the yogis and volunteers.

11 – 16 December 2024, Thailand

24 members and volunteers from Nalanda Johor Bahru Branch embarked on a study tour of Thailand, led by Sis. Nandinī Tan and Bro. David Yap. The entourage immersed themselves in the rich Buddhist history, culture and heritage found in the ancient monuments of Bangkok and Ayutthaya.

The group also cultivated their spirituality together by living harmoniously and supporting each other throughout the journey, visiting temples, making offerings to Sangha members and conducting daily reflections.

It was an enriching tour that deepened the trust and bond among the members, and reinvigorated their dedication to the Sāsana. *Sādhu anumodāna.*



Study Tour to Thailand for J.B. Branch members & devotees



Diving into Buddhist art at the Buddhadasa Indapaṇṇo Archives



A gift of thanks and gratitude for the enriching experience at Buddhadasa Indapaṇṇo Archives.



Morning meditation at Wat Pathum Waranam Rachaworawihan, in the heart of Bangkok.



Offering dāna during pindacāra at Wat Pathum Waranam Rachaworawihan.



Paying homage to the Buddha-rupam in Ayutthaya.



Happy smiles when good spiritual friends are together.



Grateful for this wonderful learning and bonding opportunity.



Strong learning spirit of J.B. members as they embark on guided tours.

21 – 23 December 2024, Pontian

Over 50 participants and volunteers came together at Dhamma Light Meditation Center in Pontian, Johor for the Dhamma-Living Camp for Families. Themed “感恩随我行 *Gratitude is My Attitude*”, the camp provided parents and children with a valuable opportunity to strengthen their family bonds and widen their understanding of Dhamma. Parents & children better understood their role in their family and gained a greater sense of appreciation for one another. The heartfelt “*Gratitude Night*” brought tears of joy when parents and children opened their hearts to express their thanks and love for one another.

We convey our deep appreciation to Venerable Jutipañño for his compassionate teaching in the camp, and his generous support in providing a conducive learning venue. Our gratitude extends to the Organising Committee, facilitators, volunteers, donors, and all participants for making this camp a meaningful and fruitful one.

Dhamma-Living Camp for Families in Johor



Our thanks to Ven. Jutipañño for his compassionate teaching.



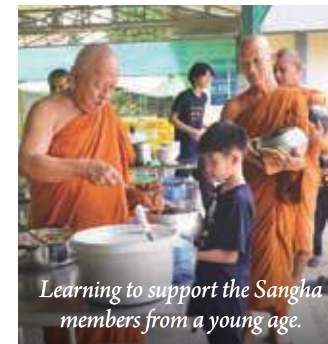
Sis. See Hui Shien, School Director guides the group's learning.



Sis. Lau Wei Nee, Chief Facilitator introduced Buddhist practices.



Participants performing chanting with understanding.



Learning to support the Sangha members from a young age.



Children respectfully bow to their parents during Gratitude Night.



Learning sessions designed to meet the needs of parents and children.



The children made good friends with each other.



Facilitators & volunteers joined in the fun.



Creativity shines during the Dhamma through Drama session.



A heartfelt thanks to the team of volunteers for upholding our education mission in their service.



Sharing candid moments as we learn together.



Sis. Santī's Dhamma sharing brought warmth and smiles to the group.



Uplifting Adults Dhamma Camp

28 – 29 December 2024, Sri Serdang

Over 50 regular Sunday Service devotees and volunteers ended the year with a spirited Adult Dhamma Camp at Nalanda Centre. The theme 'Happily Do We Live' focussed on how inculcating Dhamma as a way of life, through *dāna*, *sīla* and *bhāvanā*, gives rise to happiness which is more lasting and satisfactory. The camp featured Dhamma teachings from wise teachers – Ven. Luang Por Viradhammo and Ven. Lim Sukhito, as well as in-house speakers Sis. Santī Cheang and Sis. Sunandā Ong.

In this short time, participants & volunteers alike were filled with joy as they learned and served alongside good spiritual friends. May they continue to cultivate deeper happiness and spiritual progress.



Meditation & chanting sessions to ground the day



Deeper reflections as they discuss in smaller groups.



Rejoicing over the team's accomplishment during the "Dhamma Hunt".



Experiencing for themselves the efficacy of experiential learning



A fun-filled "Dhamma Hunt" took place throughout the Centre.



Skilful presentation of the Dhamma message in "Dhamma through Drama".

Dhamma School Students' Stay-in

Students of Nalanda Dhamma School dedicated their school holidays to meaningful activities, joining enriching stay-in programmes at Nalanda Centre and NEO Centre K.L.

Guided by their facilitators, students reflected on their learning and progress, and those who have supported them with unwavering dedication.

Filled with gratitude, they prepared performances and heartfelt messages to be presented at the highlight of the year – School Honours Day!



24 – 25 December 2024, K.L.



28 – 29 December 2024, Sri Serdang



Dhamma School Honours Day



29 December 2024, Sri Serdang

Nalanda leaders, Dhamma School facilitators, volunteers, students, and their families gathered for the annual “Appreciation & Honours Day” at Sri Serdang and Johor Bahru. These meaningful events offered everyone the opportunity to reflect on their journey throughout the year and rejoice in their continuous learning.

Celebrating the progress of the students, we also express our deepest gratitude to all facilitators and volunteers past and present, for their unwavering dedication to this critical education mission. May the School continue to inspire Dhamma communities for years to come.



28 December 2024, Johor Bahru



Nalanda Dhamma School *20th Anniversary*

1 January 2025, Sentul

Nalanda Dhamma School marked its 20th Anniversary with a meaningful gathering at Sri Lanka Buddhist Temple, Sentul to pay respects to our Spiritual Advisor Ven. Sri Saranankara Thero. He congratulated the School for its relentless efforts in sharing Dhamma with younger generations and commended the whole community for propagating the Dhamma tirelessly.

Nalanda leaders echoed Venerable's commendations, presenting tokens of appreciation to past and present School Directors and facilitators, acknowledging their unwavering commitment year after year in guiding the students over the past two decades.

May all facilitators and students continue to embody the School's motto in making life choices : "Dhammassa Gutto Medhavi – The wise follow the righteous path of Dhamma".



Nalanda leaders seek Ven. Saranankara's guidance and updates him regularly.



Offering robes and requisites to the Sangha on this auspicious day.



Students also presented their specially prepared requisites.



Ven. Saranankara expressed his joy in the School's steady progress over the last two decades.



We thank all facilitators past and present for your dedication to guide students in Dhamma learning.



Gratitude in our hearts as we offered lunch dana to the Sangha.

Nalanda Dhamma School focusses on performing the 'Miracle of Education' with the theme 'The Heart of Education is Education of the Heart'. Students are moulded gradually with values and culture – a change preceded by an understanding of our life and purpose.



Values and culture of respect and humility are inculcated in the students' experience.



Early batches of students at Nalanda House, the first home of the Dhamma School.



Weekly Group Meditation in Serdang, K.L., J.B. & S.P.

Bhāvanā – cultivation of the mind – is a crucial part of the Buddhist practice and often the most challenging for many practitioners. There is also growing interest in developing clarity of thought and mindfulness to enhance our resilience and moral conduct.

In response to the community's needs, group meditation sessions are held weekly at Nalanda Centre and NEO Centres in K.L. and in J.B. to introduce basic principles and provide guidance to beginners and avid meditators. From May onwards, NEO Centre S.P. will be starting this programme.

The sessions include evening chanting and a Dhamma sharing which covers topics ranging from the basics of *bhāvanā* to overcoming challenges in our meditation. Guidance is also provided to beginners. The weekly sessions at each Centre are as below :



Nalanda Centre, Sri Serdang
Wednesdays, 8.30 pm to 10.00 pm



NEO Centre Kuala Lumpur
Thursdays, 8.00 pm to 10.00 pm



NEO Centre Johor Bahru
Wednesdays, 8.00 pm to 9.30 pm



NEO Centre Sungai Petani
Fridays, 8.00 pm to 9.30 pm



There is a growing interest
in meditation across all ages.



Cultivating the mind in a serene environment
amongst the like-minded brings much benefit.



Devotees new to the practice
learn diligently every week.



NEO Centre Sungai Petani also holds group
meditation sessions when teachers visit.



Youths start the year with mindful hike

12 January, Seri Kembangan



Nalanda Youth Centre brought its Youth Sunday Service outdoors with a mindful hike for the group to connect with nature at Bukit Serdang and strengthen bonds of friendship.

Setting the tone for the year, Bro. Yeo DiSheng shared that we thrive in life with the support of wholesome & good-hearted friends. We wish the youths a fruitful year of growth to become true and dear friends to one another.



Young Working Adults programme

January – March, Kuala Lumpur



Mr. Lok Eng Hong, a guest speaker shared about sustaining motivation at work.

Every month, Nalanda Youth Centre gathers the Young Working Adults group at Nalanda Education & Outreach Centre in Happy Garden to support each other in applying Dhamma at the workplace. Experienced corporate leaders and professionals provide guidance and real-life experiences to help the youths widen their perspectives.

Youth Orientation Day

Nalanda Youth Centre organised an Orientation Day to welcome new youths and Nalanda Dhamma School graduates who expressed their interest in learning and serving through this platform. We wish the group success as they channel efforts into making Dhamma relevant and impactful in today's world.



16 February, Sri Serdang



Collating the participants' reflections and challenges allow speakers to better guide them.

On Tuesday 4 March, the 8-week 'Happy Young Adults' Programme commenced to welcome new joiners to explore how to thrive and manage stress both at work and in their personal life. As they cover topics of well-being, confidence, communication and more, we wish the young adults success in building their careers in a wholesome manner and also building meaningful friendships together.



We discover we are not alone when we discuss our challenges in a safe environment.



The youths build bonds of friendship through activities which carry a meaningful learning.



Leadership exchange with Bandar Utama Buddhist Society



“Meet-the-Author” Sessions

Pustaka Nalanda resumed its *Meet-the-Author* sessions for the community to better understand the Dhamma reflections and teachings directly from the authors themselves. We extend our appreciation to the organisers for these precious opportunities to delve deeper into published titles and look forward to more learning sessions.

12 January, Sri Serdang

Nalanda leaders welcomed Bandar Utama Buddhist Society’s President Bro. John Lee and their core leaders for a learning exchange on how to recruit, manage and engage volunteers who are crucial in spiritual organisations.

Nalanda President Sis. Buddhini Tan led the exchange together with the Secretariat, Volunteer Management and Training & Enhancement teams, as each Society shared current practices, and how they have evolved in response to the needs of the community and Dhamma programmes. We rejoice in this exchange and may Buddhist leaders grow to inspire more Buddhist volunteers to prolong the Buddha-Sāsana.

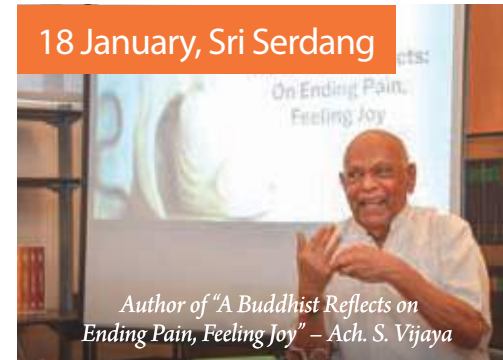


Leveraging on one another’s experience brings more benefit to the wider community.



Sis. Buddhini brings the group on a building tour around Nalanda Centre.

18 January, Sri Serdang



Author of “A Buddhist Reflects on Ending Pain, Feeling Joy” – Ach. S. Vijaya



Ach. S. Vijaya shared how man’s search for happiness pre-empt the evolution of religion.

16 March, Sri Serdang



“K. Sri Dhammananda – A Pictorial Retrospect” by Bro. Benny Liow.



Bro. Benny shared personal stories as a disciple of the late Ven. K. Sri Dhammananda



Dhamma School Facilitators gear up



Free School starts academic year

January, Sri Serdang & K.L.

Nalanda Dhamma School facilitators prepared for the 2025 school year through focussed training programmes and detailed planning, to ensure a rewarding and impactful learning experience.

Specialised trainings were conducted for Dhamma speakers to enhance their competency, while new facilitators and volunteers participated in induction training to familiarise with the school's values and approaches. These efforts are essential for fostering a cohesive and enriching learning environment for all students. We look forward to a year of growth, learning, and meaningful connections!



4 January – Sis. Sunandā Ong conducted training sessions for Dhamma School speakers.



18 January – Serdang Facilitators discussing the content for the School in the year ahead.



19 January – K.L. facilitators gathered to plan for the year ahead.



5 January – Welcoming new facilitators on board to the Serdang team.



Each evening starts with a session to calm the mind.



Teachers are dedicated to helping the students improve.



We rejoice in the spirit of selflessness of all our teachers and volunteers.

January & February, Sri Serdang

In January, Nalanda Free School Principal Dr. Ng Chwee Fang led teachers and volunteers to gear up for the academic year and to prepare for upcoming programmes.

On Monday 17 February, Free School classes started at Nalanda Centre. New and returning students have begun to strengthen their skills in core subjects including Mathematics, Science and languages guided by dedicated volunteer teachers.

Our appreciation goes out to all teachers and volunteers for their commitment. May the year ahead be fruitful and rich with joyful learning.



Teachers and volunteers work together for the well-being of the students.



Lunar New Year Video Production



Unity at Members' Day



Director Bro. Ajit Lim (left) and Assistant Director Sis. Joanne Tan (right) lead the team.

28 – 29 January, Sri Serdang

Lights, camera, action! NalandaTV team produced a special short film to bring out the value of gratitude for the Lunar New Year.

For every individual scene to come to life, many moving parts and people came together working seamlessly to support each other. The simple but reflective short film was a joyful and fun process for all involved.

Kudos to the team for producing this meaningful video to share with our friends and family for the Lunar New Year.



You can watch and share the video on YouTube by scanning the QR code on the left.



A coordinated effort to make each scene come to life.



Thank you to the Production Team and Cast!



Joy and light-heartedness throughout the production process.

9 February, Sri Serdang

Nalanda Sri Serdang and K.L. Branch members joyously gathered for the year's first Members' Day, happy to reunite with spiritual friends and also welcome new members to the family.

President, Sis. Buddhini Tan shared the Society's key events in 2025, culminating to the WACANA Conference at year-end, calling out to all members to be prepared individually and as a group to volunteer their services so that together we can benefit the Buddhist communities at large. Our gratitude to all our members for your dedication and let us spring forward for the prolongation of Buddha-Sāsana.



Sis. Buddhini shared the progress of the Society in the last months as well as plans for the year ahead.



New members sharing their journey thus far at Nalanda.



Members discussed potential improvements and ideas for the Society's programmes.



Listening respectfully to each others' ideas.



Tea-offering Ceremony & Gratitude Day



Facilitators and youths presenting a song to share well-wishes and blessings for the new year.



Parents and children held hands as they reflected on the blessings of their families.



Children bowing out of respect, gratitude and love for their parents.



An endearing tradition of offering tea to parents to thank them.



The morning Dhamma talks expanded on gratitude for our parents, children and our benefactors.

9 February, Sri Serdang

Nalanda members, devotees, youths, Dhamma School parents and students came together for the endearing annual Tea-offering Ceremony, to show gratitude and give thanks to our parents and elders in conjunction with the Lunar New Year.

The morning learning sessions strengthened everyone's understanding of gratitude. Parents and children held each others' hands as they reflected on the unconditional love and multitude of blessings given by one's mother and father.

We thank Nalanda Dhamma School for organising this lovely ceremony to strengthen familial ties. May gratitude stay in our hearts not just for a day, but flourish every day as we enhance our lives with Dhamma. *Sādhu.*



Families come together to share in this joyous event.



Thumbs-up for the opportunity to strengthen family ties.



Parents sharing their personal stories and gratitude for their family members.



Dhamma is the uniting factor for a happy family.



Happy family portraits and memories.

Dhamma Schools Commences



9 February, Sri Serdang



9 February, Kuala Lumpur



22 February, Johor Bahru



Orientation Camp

14 – 16 February, Sri Serdang



Developing the spirit of generosity during the Pindacara programme.

The 2025 school year for Nalanda Dhamma Schools in Sri Serdang, K.L. and J.B. commenced in February. New and returning students in Serdang joined the Orientation Camp to help them understand the purpose of Dhamma School while fostering the spirit of *kalyāna mittatā* (spiritual friendship).

Family Dhamma Schools in K.L. and J.B. also commenced with parents and children gathering for learning together. Facilitators in J.B. are especially encouraged as the enrolment for its second year doubled, a testament to the interest of the community to discover the Buddha's teachings.



Learning with the support of good friends.



Building stronger bonds of spiritual fellowship.



Exchanging ideas in a joyful discussion.



Every day is anchored with morning and evening chanting and meditation.

We wish all the facilitators, parents and children a fulfilling year of learning and discovery ahead. May your journey in the Dhamma be a joyful one with the support of spiritual friends.



Meditation Workshop by Bro. Tan Siang Chye

11 February, Sri Serdang

During the Thaipusam holiday on Tuesday 11 February, over 40 participants joined the Meditation Workshop guided by Bro. Tan Siang Chye at Nalanda Centre. Dedicating their day to learning and practice, the group better understood meditation skills in the Vipassana technique under the Mahasi tradition.

Bro. Siang Chye shared how one can positively tailor one's mindset towards intensive meditation retreats, particularly Vipassana retreats which can be difficult for beginners to persist in, by understanding a retreats' objectives and structure. He also guided participants on ways of practice which can lead to a positive experience.

Meditation Retreat led by Ven. Gavesi

14 – 23 February, Kuala Kubu Bharu

30 yogis embarked on ten days of intensive retreat under the guidance of Ven. Gavesi. They learnt to cultivate serenity and insight under the Mahasi tradition with daily teachings by Ven. Gavesi, sitting and walking meditation sessions, mindful eating, and group interviews with Venerable.

The serene environment of Wisdom Park proved conducive for the yogis. Many shared their joy and inspiration after the retreat as they experienced deeper peace, and from the many reflections they had observing their minds and how it reacts. We thank Ven. Gavesi for conducting this retreat that has brought great benefit to our yogis.



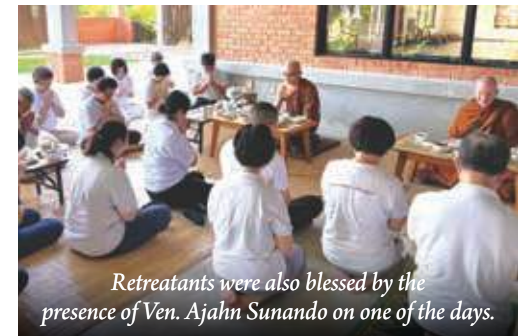
Cultivating awareness with walking meditation.



Participants extended their best efforts to practice with instructions given.



Group interviews for participants to get advice and direction from Ven. Gavesi.



Retreatants were also blessed by the presence of Ven. Ajahn Sunando on one of the days.



We extend our appreciation to Bro. Tan Siang Chye, the organisers and all participants for their dedication and enthusiasm.



Yogis are grateful for this opportunity to learn from Ven. Gavesi in a conducive environment amidst lush greenery.

Nalanda Branches conduct Annual General Meetings

Members of Nalanda Branches in Kuala Lumpur (K.L.), Johor Bahru (J.B.) and Sungai Petani (S.P.) came together to carry out their constitutional duties at the respective Branch Annual General Meetings in February and March. Members reviewed the past year's activities, rejoicing in the Dhamma programmes which engaged the wider community in the Buddha's teachings.

The Chairperson of each Branch Management Committees expressed their heartfelt appreciation for the members' inspiring efforts to avail opportunities for many to learn Dhamma. Nalanda President Sis. Buddhini Tan, representing the Society's Board of Management at the meetings, shared the Society's latest developments whilst encouraging members to actively participate in this year's programmes which focusses on fostering harmony in communities.

We congratulate all the Branches for their successful A.G.Ms and harmonious gathering of spiritual friends who each hold Buddhist education dear in their hearts. May the year ahead be ever more fruitful as we all continue to forge ahead in upholding the Society's mission. *Sādhu.*





Looking forward at Nalanda's

22nd Annual General Meeting

16 March, Sri Serdang

The 22nd Annual General Meeting of the Society held much rejoice as members reviewed the Dhamma programmes held together with the presence and guidance of monastics and Dhamma teachers. Members also geared up for fulfilling learning and service with an overview of the year ahead.

In this election year, members voiced their choices and voted for the 2025 / 2027 Board of Management. Re-elected to lead the Board is President Sis. Buddhini Tan and Deputy President Bro. Charlie Teng. We thank outgoing Board members for their invaluable service and congratulate the new Board members. May your leadership bring the Society forward in unity and harmony.



Sis. Buddhini sharing the progress of various learning divisions over the past year.



Active participation to voice their votes for the future leaders of the Society.



Gratitude to our Board of Management members for leading the Society.



The new 2025 / 2027 Board of Management.

The newly-elected Board of Management 2025 / 2027

President	Sis. Buddhini Tan
Deputy President	Bro. Charlie Teng
Honorary Secretary	Sis. Livin Leow
Honorary Treasurer	Sis. Doris Tan
Assistant Secretary	Sis. Santi Cheang
Assistant Treasurer	Sis. Loh Pei Qi
Board Members	Sis. Evelyn Chow Bro. Lee Kong Foo Bro. Louis Chan Bro. Tan Say Kee Sis. Foo Ai Li



Parents Induction Programme

February – March, Sri Serdang

Every Sunday morning, from 16 February to 16 March, parents of newly-enrolled Dhamma School students at Sri Serdang, joined the 'Parents Induction Programme', tailored for parents who may be new to Dhamma, to gain a foundational understanding to support their learning and that of their children.

The group explored topics such as an overview of the Buddhist spiritual path, qualities of the Buddha, Dhamma and Sangha, Pāli chanting, mental cultivation and Buddhist culture.

With increasing rapport amongst the parents and opportunities to ask questions, they are able to better adjust to being in this Dhamma community just as their children integrate into Dhamma School.



Sis. See Hui Shien, Director of Nalanda Dhamma School led this programme.



Sis. Foo Ai Li also shared her experiences as a Dhamma School parent.



Parents are encouraged to ask questions to clarify and apply what they have learnt.



Joy of learning and discovering the Dhamma.



Spiritual observance of Nalanda Patron's Day

18 March, Kuala Lumpur

'Patron's Day Observance' gathered members and devotees for a series of programmes to commemorate the contributions made by Nalanda's benefactors, supporters and donors, starting with our late Spiritual Advisor Ven. Dr. K. Sri Dhammananda.

Students of the late venerable shared heartfelt stories of him – Bro. Benny Liow at the Meet-the-Author session on the book - "K. Sri Dhammananda – A Pictorial Retrospect" on Saturday 15 March, and Bro. Tan Siang Chye in his Dhamma talk at Patron's Day Service on Sunday 16 March.

Members and devotees also paid homage at Venerable's stupa at Buddhist Mahā Vihara, Brickfields on Tuesday 18 March, dedicating merits to all benefactors of past and present.



The Observance commences with 'Achariya Abhivādana' to seek forgiveness from our teachers.



Members and devotees offering lunch dāna to the Mahā Sangha at Buddhist Mahā Vihara.



Family Sports Day & Outing

Bringing families closer with wholesome fun

22 March, K.K.B.

Family Dhamma School in Kuala Lumpur held their first outing of the year at Wisdom Park. Everyone enjoyed the outdoors as fathers and teenagers planted trees, while mothers led the younger children to carefully propagate shrubs.

Activities such as a recyclables fashion show and kite-making sparked creativity & learning as well as a deeper appreciation for Mother Nature and one another.

We thank the School for a joyous and meaningful trip, which enabled the families to spend quality time together whilst learning and giving back to Wisdom Park.



Dr. Chen Xing Wei, lead of the Landscaping Team, briefed the families on their outdoor service.



Enjoying the outdoors as they adorn the Campus with more shrubs.



Sis. Sādhikā Tan led facilitators in guiding the children in their learning.



Creativity abound as families created costumes from recyclable & natural resources.

23 March, Putrajaya

On Sunday 23 March, over 200 parents, youths, teenagers, and children gathered at Taman Putra Perdana, Putrajaya for an energetic Family Sports Day. Laughter and cheers echoed as families bonded through friendly games, teamwork, and perseverance.

The morning concluded meaningfully with a Dhamma sharing by Sis. Sunandā Ong, highlighting how loving-kindness, truthfulness, and generosity nurture familial bonds and harmony at home.

May the bonds formed on this special day continue to grow, fostering a strong and supportive Dhamma community. *Sādhū!*



Starting the day with undertaking the Three Refuges and Five Precept.



Cultivating patience and kindness even in a competitive game.



Diversity is a strength in this game and in life.



In a thrilling tug-of-war, adults and children alike gave their best effort in the spirit of sportsmanship.



Undergraduate Stay-in at Wisdom Park



Giving back to nature by planting trees and shrubs.



"No sweat when we are working as a team!"



Supporting each other better when working in unfamiliar environments.



The students successfully prepared a simple fare for dinner over campfires.

29 March - 1 April, K.K.B.

Over 50 youths and volunteers dedicated the long holiday-weekend to Dhamma learning and service at the Undergraduate Stay-in Programme in Wisdom Park, organised by Nalanda Youth Centre. The students explored the theme 'Path of Togetherness' as they developed stronger bonds of friendship and the beginnings of a peer community.

A series of Dhamma learning sessions by Sis. Sunandā Ong, Bro. Yeo Disheng and Bro. Ajit Lim guided them to better understand how to build and contribute towards a harmonious community, and incorporate Dhamma into everyday life.

Our appreciation goes out to the Organising Committee, volunteers and participants for this fulfilling and joyful camp!



Sis. Sunandā engaged the students in interactive learning sessions.



A Dhamma Chat with Bro. Disheng and Bro. Ajit to address concerns.



Students formed groups to support their learning throughout the camp.



Simple games with meaningful learnings.



Students discussed issues and solutions in smaller groups.



By the end of the 4 days, students were full of gratitude for this opportunity to learn & build good friendships.



Wisdom Park Development Committee reconvenes for Phase 2



Scan to donate. We accept Maybank QRPAY, DuitNow & Touch N' Go e-wallet.

19 January, Sri Serdang

Since Wisdom Park started operations in May 2022, we have hosted various trainings for teachers and leaders, Dhamma camps, meditation retreats and leadership exchanges benefitting over 4,500 people thus far.

The overwhelming interest and support from the community has pushed the facilities to its full capacity and thus it requires expansion to meet the growing needs for holistic Buddhist education.

The new facilities will enable Wisdom Park to host up to 300 people at any given

time. Phase 2 comprises a multi-purpose hall, dining hall, central kitchen, a hostel with accommodation for 200 people, and a meditation sala.

The increase in capacity will also allow Wisdom Park to host multiple programmes concurrently. Different Buddhist organisations will be able to use the facilities during peak periods such as public holidays and school holidays.

On 19 January 2025, the Wisdom Park Development Committee – Phase 2 was formed and convened its first meeting to drive the next phase of development. Comprising professionals with varied and relevant expertise, the Committee

members are united by the same noble motives of building for the future of the *Buddha-Sāsana*.

We humbly invite you to support this noble project by donating towards the development of Phase 2 and to fund future programmes at Wisdom Park for holistic Buddhist education.



The Committee is led by its Chairman Bro. Tan Say Kee.



The new facilities will be built flanking the existing Management Centre.



Evaluating needs based on a scale model of Phase 2 Development.

Hosting Sangha Members at Nalanda

Blessed is the opportunity to associate with the wise!



Ven. Luang Por Viradhammo
Canada, 29 December 2024



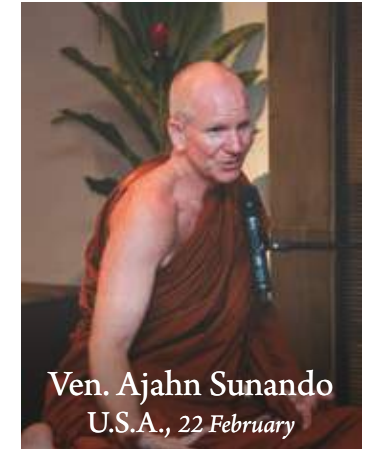
Ven. Lim Sukhito
Malaysia, 3 January



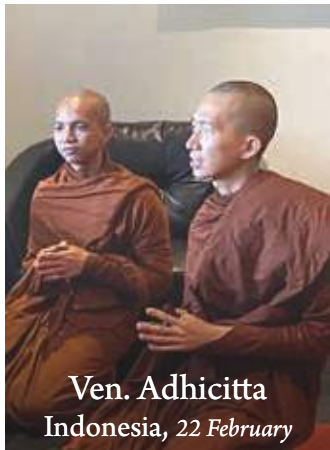
Ven. Succino, Malaysia &
Ven. Mahasako, France
18 January



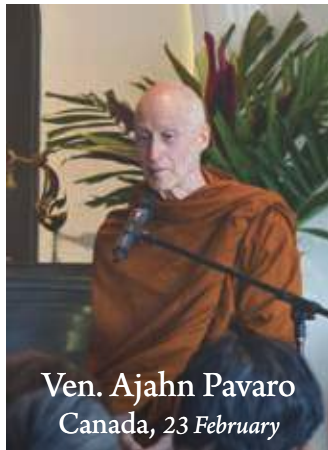
Ven. K.L. Dhammajoti
Malaysia, 20 February



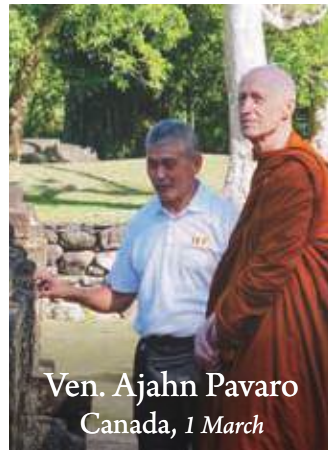
Ven. Ajahn Sunando
U.S.A., 22 February



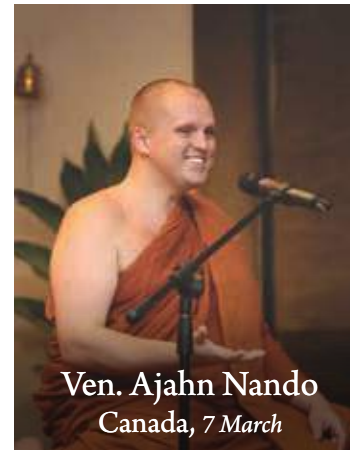
Ven. Adhicitta
Indonesia, 22 February



Ven. Ajahn Pavaro
Canada, 23 February



Ven. Ajahn Pavaro
Canada, 1 March



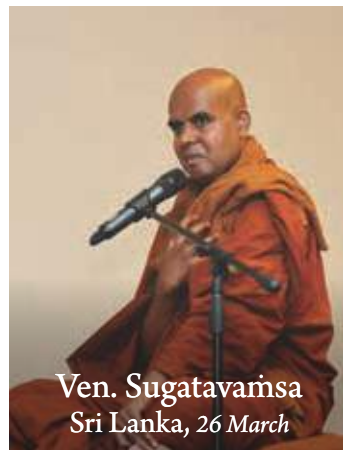
Ven. Ajahn Nando
Canada, 7 March



(From L-R) Ven. Ahimsako, Ven. Gambhiro,
Ven. Jutipaño Mahathero, Ven. Khanthiko
Malaysia, 8 March



Ven. Sumaṅgalā Therī
Malaysia, 15 March



Ven. Sugatavamsa
Sri Lanka, 26 March



Ven. Ajahn Cagino
Malaysia, 3 April



Ven. Saṅgharakkhita
Korea, 4 April



Ven. Mahāpuṇṇo
Malaysia, 6 April

佛陀日庆典

导向智慧与慈悲的人生

Buddha Day

Wesak Observance

Buddhist Era 2569

10–18 May 2025

Leading a Life of
Wisdom & Compassion

Nalanda Buddhist Society



Scan the QR code on the left for more details.

扫描左侧二维码以了解更多详情。

Upcoming Programmes

April – June 2025

APR



Youth Gatherings

3	Mandarin Dhamma teaching by Ajahn Cagino	NEO Centre K.L.
4 – 8	Hosting Ven. Saṅgharakkhita	Nalanda Centre
5	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre K.L. / Taman O.U.G. & Happy Garden markets
13	Undergraduate Stress Management Workshop	Nalanda Centre
15	Young Working Adults Monthly Gathering	NEO Centre K.L.
19	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Seri Kembangan	Nalanda Centre / Seri Kembangan market
20	Earth Day Service	Nalanda Centre

MAY



Buddha Day Observance

01	<i>Nalanda Day</i> – Nalanda Buddhist Society's 22nd Anniversary	Nalanda Centre
04	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre K.L. / Taman O.U.G. & Happy Garden markets
10	Sutta Study Workshop with Āyasmā Aggacitta	Nalanda Centre
11	Buddha Day Eve Service	Nalanda Centre
12	Buddha Day Morning Service, Heritage Procession & Dhamma Appreciation Night	Nalanda Centre
13	Young Working Adults Forum	Nalanda Centre
14	English Group Meditation	Nalanda Centre
15	Mandarin Group Meditation	NEO Centre K.L.
17	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Seri Kembangan	Nalanda Centre / Seri Kembangan market
17	Peace Walk	NEO Centre K.L.
18	Mandarin Dhamma talk & Blood Donation	Nalanda Centre
31 May – 2 June	11th National Nalanda Members' Convention <small>*Registration is required.</small>	Nalanda Centre

JUNE



Gimhāna Period

07	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Taman O.U.G. & Happy Garden	NEO Centre K.L. / Taman O.U.G. & Happy Garden markets
10	Young Working Adults Monthly Gathering	NEO Centre K.L.
21	<i>Pindacāra</i> – Alms-round by Sangha members at the morning markets in Seri Kembangan	Nalanda Centre / Seri Kembangan market

The Nalanda 'Gimhāna Period' commences 27 May to 13 July.
Find out more at www.gimhana.nalanda.org.my

Leading a Life of Wisdom & Compassion

Buddha Day Observance B.E. 2569 Nalanda carries the theme 'Leading a Life of Wisdom & Compassion' for us to learn and reflect on how we can play a leading role in enhancing our own spiritual practice and also contribute to the growth and development of our Dhamma community. Wisdom and compassion are two sides of the same coin; they are inseparable in their ability to lead to freedom from suffering and a more harmonious world.

Wisdom is the ability to understand the true nature of reality, including the interconnectedness of all beings and the causes of suffering. It's about seeing things clearly and acting with discernment. Compassion is the capacity to feel empathy and act with kindness and concern for others who are suffering. It involves recognising our shared humanity and striving to alleviate suffering. By cultivating wisdom and compassion within ourselves, we can contribute to a more just and peaceful world, transforming our own lives and the lives of those around us.

'Like' our Facebook page at www.facebook.com/nalanda.org.my to connect with Nalanda for more Dhamma-rich news, views and articles!

Nalanda Contacts Please visit our website for directions to Nalanda.

Nalanda Buddhist Society Malaysia

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Tel. No. +603-8938 1500 / 1501

Website www.nalanda.org.my

E-mail info@nalanda.org.my

Facebook www.facebook.com/nalanda.org.my

Nalanda Centre is open daily from 10am to 5pm. For visits, kindly call to make appointments.

Nalanda Education & Outreach (NEO) Centre, Kuala Lumpur

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NEO Centre K.L. is open on Tuesdays – Fridays, 2 pm – 6 pm | Saturdays & Sundays, 9 am – 1 pm.

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